

2023 WISCONSIN CROSS COUNTRY COACHES ASSOCIATION CLINIC SCHEDULE



FRIDAY, JAN. 6, 2023

- 9:30am-6:00pm Check-in & Registration
- 10:15 **WELCOME AND INTRODUCTIONS**
- 10:25 **SPEAKER, NATALIE DOORNINK**
Grantsburg High School
- 11:25 Break, Visit Vendors
- 11:45 **District Meetings**
- 12:15 Lunch Break
- 1:20 **SPEAKER, BRETT GUEMMER & DR. SPENCER AGNEW**
Garmin,
Training & Recover Resources
- 2:20 Break, Visit Vendors
- 2:40 WCCCA Awards
- 3:10 WCCCA BUSINESS MEETING
- 3:55 Break, Visit Vendors
- 4:15 **KEYNOTE—DR. SEAN NARTNETT**
- 5:15 Break, Social Hour
- 6:30 WCCCA Hall of Fame
Dinner and Awards
- 9:00-11:00 **COACHES SOCIAL**
Presented by Healy Awards

SATURDAY, JAN. 7, 2023

- 6:45 **COACHES RUN**
Presented by BlueStar
- 8:00am-10:00 Check-in & Registration
- 7:45 Continental Breakfast
Presented by SNAP Raise
- 8:45 **SPEAKER, GARY BRONE, JEFF RICH & MARK BRONE**
Cochrane-Fountain City High School
- 9:45 Break
- 10:05 **SPEAKER DR. SEAN HARTNETT**
Course Development & Meet Management
- 11:05 Break
- 11:25 **SPEAKER DR. SEAN AGNEW**
Physical Therapist
- 12:45 **CLOSING AND GIVEAWAYS**

